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PRESS RELEASE

POPCOM Promotes Campaign on Responsible Parenting and Natural Family Planning

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The Commission on Population (POPCOM), an attached agency of the Department of Health, leads in promoting responsible parenting, fertility awareness, and natural family planning. As of June, it has reached 152,783 couples in 7,907 barangay nationwide in its campaign for responsible parenting and natural family planning.

“We are organizing these couples into a Responsible Parenting Movement to mobilize them to promote and practice Responsible Parenthood and Natural Family Planning,” POPCOM Executive Director Tomas Osias said.

The goal of the RPM is to have an RPM class in every barangay in the country.

This year, POPCOM is targeting 580,000 couples in 29,000 barangays. Director Osias said that the “national leadership is encouraging couples to plan their families, space the births of their children for at least three years.” In addition, the government promotes breastfeeding to ensure quality health care for both mothers and children. Ultimately, the responsible parenthood and natural family planning program aims to reach 4.2 million couples in more than 42,000 barangays, nationwide.

This move is a part of POPCOM’s flagship program, as directed by the President to promote responsible parenting and natural family planning and rationally manage population growth and distribution in the country towards sustainable development.

Osias, however, clarified that the same directive respects the autonomy of the local government units and other program stakeholders in promoting and providing family planning information and services that are suited to their constituents.

Population management is a major component of the Accelerated Hunger Mitigation Program of the current administration. #